



COVID-19 COMMUNITY BASED RESOURCES

Tennessee 2-1-1

Statewide

<http://tn211.mycommunitypt.com/>

Aid to Distressed Families of Appalachian Counties (ADFAC)

Anderson and surrounding Appalachian counties

https://mailchi.mp/018d0eae0c51/murder_mystery-2707431

Alliance for Better Nonprofits

ABN will continue to monitor the outbreak of COVID-19 and follow recommendations from local authorities and public health officials. Our staff and board are committed to ensuring that our valued members and partners continue to receive excellent service, and we look forward to continuing to partner with you in new and creative ways during this time.

<https://www.betternonprofits.org/resources/covid-19-resources>

Arrowmont

East Tennessee

Artist Relief will distribute \$5,000 grants to artists facing dire financial emergencies due to COVID-19; serve as an ongoing informational resource; and co-launch the COVID-19 Impact Survey for Artists and Creative Workers, designed by Americans for the Arts, to better identify and address the needs of artists.

<https://www.artistrelief.org/>

Athens-McMinn Family YMCA

McMinn County

<https://www.athensmcminnymca.org/membership/covid-19-updates-0>

1. We are providing emergency dinners for kids 18 and under from 4-5pm drive thru style.

We are providing meals at the following locations:

A. Athens-McMinn Family YMCA 205 Knoxville Avenue Athens, TN 37303

(Drive-Thru from front door of YMCA)

B. Ridgetop Apartments 2009 Layman Road Athens, TN 37303

(Drive-Thru or Carry Out from YMCA vehicle)

C. Lee Manor Apartments 1800 Lee Drive Athens, TN 37303

(Drive Thru or Carry Out from YMCA vehicle)

D. Cherokee Point Mobile Home Community 2538 Sullins Road Athens, TN 37303

(Drive Thru or Carry Out from YMCA vehicle)

E. Mobile Home Community located at 270 County Road 213 Athens, TN 37303

(Drive Thru or Carry Out from YMCA vehicle)

2. We are prepping and preparing to serve our medical community and first responders with emergency child care should the need arise and are in touch with our local hospitals in regards to this. We are being prepared and resourced through TN Department of Human Services and the TN Department of Health.

3. We are also providing free virtual workout opportunities through our website and activities to complete with kids while school is closed on our social media and you tube channels. You do not have to be a member to participate but we will rely on our members to stick with us in order to be able to continue to resource these sites.

A. Athens-McMinn Family YMCA Virtual Membership:

<https://www.athensmcminnymca.org/y-home/y-home-virtual-options>

B. Athens-McMinn Family YMCA YouTube Channel:

<https://www.youtube.com/channel/UCgGOOaID4hf9OHUoIIQT0w>

4. We are also reaching out to our senior members to check in with them and see if there is anything we can help them with. Seniors who need assistance can email us at info@athensmcminnymca.org or call at 423-745-4904. If our staff aren't there to answer, leave a message and someone will call you back very quickly.

Big Brothers, Big Sisters of East Tennessee

East Tennessee

Match Support Program has upped their numbers in phone calls to "Littles" and their parents or guardians. They are providing information and resources to those affected by loss of income, food insecurity, lack of healthcare, isolation, and anxiety due to the uncertainties related to COVID-19. Please click the link to the website to learn more on how to volunteer as a Big Brother or Big Sister.

Currently, BBBS is working on a link that will match a youth and a Mentor and they will be able to connect virtually.

Potential Bigs can sign up at TennesseeBig.org

Families with children in need of a mentor can also visit TennesseeBig.org and then click on the "Enroll A Child" tab.

Interested families and volunteers can also email Jen Davis, BBBS-ETN Program Director, at JDavis@TennesseeBig.org.

Blount Partnership

Blount County

<https://www.blountchamber.com/businessrelief>

Cancer Support Community East Tennessee

East Tennessee

Are you or a loved one living with the challenges of cancer? Coupled with COVID-19, the challenges of cancer seem even more overwhelming. Cancer Support Community East Tennessee is here to provide support and hope in these trying times. Although our physical doors are temporarily closed, our virtual doors are open. Participate in these programs from the safety of your home.

We offer professional services, at no charge, including: Support Groups - Individual Support Sessions - Cancer Education - Gentle Exercise - Nutrition - Stress Management - Healing Through Art. For a full listing of programs and registration information, please call (865) 546-4661 or visit www.CancerSupportET.org/virtual

CENTRO HISPANO de EAST TN

East Tennessee

Centro Hispano is a workforce development and educational organization that serves the Latino community of East Tennessee with English classes, HiSet Prep programs, youth and family programs such as afterschool and parent education programs as well as community resources around legal support, healthy living, and financial education.

During the COVID-19 outbreak, Centro is the only organization locally, creating and translating content into Spanish and some Acateko, to keep the Latino community informed and safe. You can contact us at info@centrohispanotn.org, text us at 865.205.8250, call us at 865.522.0052 or contact us via Facebook messenger. To reduce the spread of COVID-19 our offices are closed to the public and our staff is working remotely.

Helen Ross McNabb

East Tennessee

If you are experience COVID-19 symptoms and still have behavioral health concerns. Please call 1-800-255-9711.

East Tennessee Crisis Numbers:

Mobile Crisis (18 and older): (865) 539-2409

Mobile Crisis (Children and Adolescents): (866) 539-2409

Crisis Stabilization Unit: (865) 541-6958

Sexual Assault Center of East Tennessee: (865) 522-7273

Domestic Violence-Family Crisis Center Hotline: (865) 637-8000

Safe Place: (865) 523-2689

National Suicide Prevention Lifeline:1-800-273-TALK (8255)

TN Hotline for Mental Health and Substance Use Crisis Services: 1-855-CRISIS-1 (274-7471)

Helping Hands Charitable Foundation

East Tennessee

Helping Hands Charitable Foundation can help donors assist individuals whom they designate for funding. We qualify them based on need. In lieu of the COVID19 virus, the process can be expedited. <https://www.hhcharitable.org/>

We are currently providing assistance to Corporations and Smaller Employers who want to assist their employees that have been laid off or furloughed during this time. Helping others has never been easier.

Knox County Schools

Knox County

<https://www.knoxschools.org/covid19update>

Knoxville Hope

Knox County

Knoxville Hope's services include free pregnancy testing, ultrasounds (up to 16 weeks), STD testing and treatment, and Well-Woman Exams. All of our services are provided at no cost, with no proof of insurance or employment required. At this time, we are not taking walk-ins. Appointments can be made by calling 865-525-4673.

Knoxville Office on Aging

Knox County

Knoxville Office on Aging is delivering meals with Mobile Meals but have moved to a once a week delivery of 5 meals starting Thursday.

We are also offering wellness check calls. The new program is about to roll out, called Senior Care Calls. A volunteer or staff member will call a senior wanting the service twice a week and check-in with them for at least four weeks (depending on how the COVID-19 situation develops). This free service will begin this week or next.

We need referrals of clients in need. I believe we are set with volunteers but Volunteer East TN is coordinating that with us. Our Senior Information and Referral line (865-546-6262) is still open and accepting phone calls of those in need. We can also help with referrals at the office phone (865-524-2786) and 211.

The Benefits Enrollment Center is still screening clients over the phone who may need help completing applications for federal benefits including (SNAP, LIHEAP, Medicare, etc). The office is still operating with essential employees but not open to the public.

CAC Transit is still operating but only for essential doctor appointments.

Save the Music

East Tennessee

In light of COVID-19, Save The Music created an online music education resource page

<https://www.savethemusic.org/grants/teacher-resources> for music educators, community based organizations and families, as we work to support students learning during this time.

Second Harvest Food Bank

East Tennessee

Click here to locate the nearest food pantry in your community: <https://secondharvestetn.org/find-a-food-pantry/>

Click here to learn the steps and procedures that Second Harvest Food Bank is taking to keep its community safe:

<https://secondharvestetn.org/blog-post/covid-19-update/>

USDA

U.S. Secretary of Agriculture Sonny Perdue today unveiled a one-stop-shop of federal programs that can be used by rural communities, organizations and individuals impacted by the COVID-19 pandemic. The [COVID-19 Federal Rural Resource Guide](#) (PDF, 349 KB) is a first-of-its-kind resource for rural leaders looking for federal funding and partnership opportunities to help address this pandemic.

<https://rd.usda.gov/coronavirus>

YMCA & YMCA Knoxville

Knox County

As a trusted community service organization, government officials, and healthcare providers have called upon us to be a partner in response to the COVID-19 Pandemic. We are working to provide Emergency Child Care for Essential Worker's Children, and we have repurposed staff and facilities to provide emergency services for the children of health care professionals and first responders. In addition, YMCA Family Services will be providing counseling services for adults, children, and families in need, conducted by our licensed, expert counselors.

Additionally, we are seeking financial assistance to help provide these critical services.

Emergency Child Care will be provided during COVID-19.

Click this link to learn more: <https://ymcaknoxville.org/knoxville-ymca/covid-19-updates/>

Young Williams Animal Shelter

Knox County

To protect employees and the public, the shelter will limit occupancy to staff only. No volunteers or visitors will be allowed inside the shelter, located at 3201 Division St., except for emergency visits to reclaim lost pets or pick up supplies from the Pet Resource Center.

Spay/Neuter Solutions, including the Spay Shuttle, will temporarily halt services for the public.

Curbside adoptions are now offered through a streamlined "foster to adopt" program. After the shelter returns to full function, the adopter can complete the permanent adoption process via phone.

Apply online at www.young-williams.org/adopt-a-pet.

The curbside foster program will continue. Apply at www.young-williams.org/get-involved/foster.

The Intake department (including Lost & Found) will remain open to take in strays and for owners to reclaim lost pets. Call 865-215-6665 or text the number posted on the door at the shelter for assistance.

The Pet Resource Center will remain open for pet owners who need free pet supplies, food or other help to keep pets in their home. Call 865-363-6702, email pethelp@young-williams.org or text the number posted on the door for assistance.